



Society for Clinical Data Management  
DATA DRIVEN

Theme:  
Capabilities | Collaboration |  
Change on the way to Clinical Data Science

# SCDM Live

India conference

2<sup>nd</sup> - 3<sup>rd</sup> December 2022  
Radisson Blu Hotel, Bengaluru

The Evolving Landscape of Clinical Trials  
3<sup>rd</sup> December 2022  
Dr Al Palaniappan / Dr Noushin Brealey

# Disclosures

- Dr Al Palaniappan and Dr Noushin Brealey are both full-time employees of GSK, holding shares in the company
- The views and opinions expressed in this presentation are those of the speakers and do not reflect the views or positions of GSK



# Objectives

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Drivers of healthcare costs and pharmaceutical research

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Current route of drug development

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COVID-19 vaccination development

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Accelerating drug development and how to innovate?

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Questions?

# Increasing Healthcare Costs Globally

## What is Healthcare?

- Organised provision of medical care
  - Prevention of disease
  - Diagnosis and treatment of disease, illness and injury
  - Treatments for long-term recovery

## Global Expenditure

- Doubled from 2000 to US \$8.5 trillion in 2019 ([who.int](http://who.int))

## Indian Expenditure

- US \$45 billion in 2015-2016
- US \$72 billion by 2020 ([NITI Aayog Report March 2021](http://NITI Aayog Report March 2021))

# Why are healthcare costs increasing globally?

Increasing global population

Increasing demand for healthcare

- 1950, average global life expectancy was 47 years
- 2019, average global life expectancy was 73 years ([United Nations 2022](#))

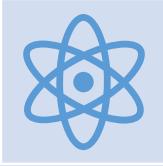
Greater spending power

Growing proportion of global society has greater spending power

Greater availability of healthcare treatments

- Scientific breakthroughs and increase in approvals of novel treatments
- 50 FDA novel drug approvals in 2021 ([FDA 2021](#))

# Global Pharmaceutical R&D spend



## Global Research & Development (R&D) spend by Pharmaceutical Industry

2012: US \$137 billion ([Mikulic 2022](#))  
2021: US \$238 billion



## Drivers for increasing R&D spend

Increasing demand for novel innovations to treat clinical unmet need  
Time-limited patent life with sales erosion through generic/biosimilar substitution  
Increased understanding of biology and novel targets and new delivery modalities



## Drug development costs and timescale

Cost to bring new drug to market estimated at US \$1.3 billion ([JAMA 2022](#))  
Median time to market is 11.80 years ([BMJ Open 2021](#))  
90% of clinical programmes fail

# The usual route to drug development

## Discovery & Development and Pre-Clinical

## Clinical Studies

3-6 years

Months  
n= 10s

1-4 years  
n= 100s

2-4 years  
n= 1000s

Months to a year+

### Target Identification and Validation

- Identifying the function of a possible therapeutic target and its role in disease
- Linking disease with target biomarkers
- *In vitro* and *In vivo* work

### Lead Optimisation and Candidate Selection

- High throughput screening
- Selection of candidate molecule for development

### Pre-Clinical Animal Studies

- Toxicology
- Pharmacology
- Drug-Drug Interactions

### Phase 1 studies

- Safety
- Pharmacokinetics

### Phase 2 studies

- Proof of Concept
- Dose ranging
- Safety

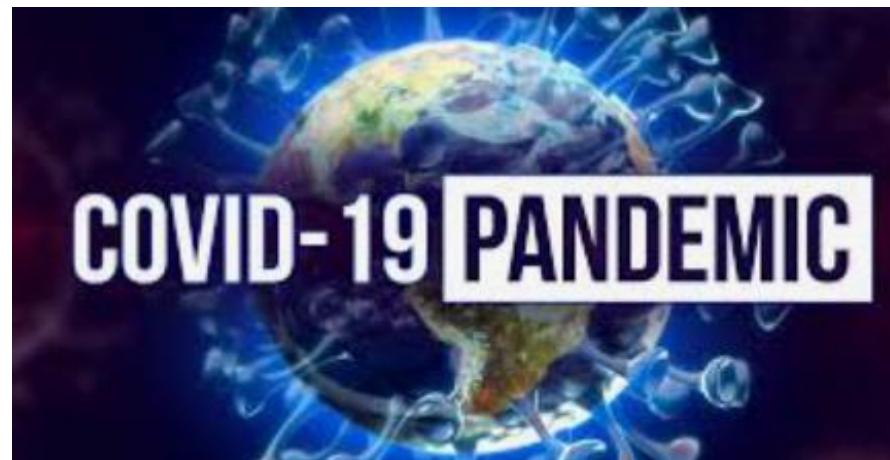
### Phase 3 studies

- Efficacy
- Safety

### Regulatory Filings

- FDA
- CHMP
- PMDA
- Global

Median time to market 11.80 years ([BMJ Open 2021](#))





# COVID-19 vaccines developed in under a year, without compromising safety

SARS-CoV-2 identified in December 2019



2<sup>nd</sup> December 2020, MHRA granted first emergency-use authorisation for a COVID-19 vaccine (Pfizer and BioNTech)

Tests on more than 43,000 people showed that Pfizer vaccine was 95% effective at preventing disease ([Nature 2020](#))

8<sup>th</sup> December 2020, Margaret Keenan (81 years) became the first person in the world to be given the Pfizer COVID-19 vaccine as part of a mass vaccination programme ([BBC 2020](#))

By October 2022, more than 12.7 billion doses of COVID-19 delivered globally ([Bloomberg 2022](#))

# How was this achieved?

## Worldwide collaboration

- Scientists and researchers sharing knowledge
- Government and private sectors providing source of funding and underpinning the financial risk

## Advances in genomic sequencing

- By January 2020, SARS-CoV-2 viral genome sequenced

## Strategic investment

- Multiple companies and vaccine platforms, increasing the probability of success

## Clinical trial design

- Rigorous standards for efficacy and safety maintained
- Speeding up development, by combining phases of drug development e.g. phase 2/3

## Working closely with regulators

- Rapid review of clinical trial design
- Inline review of emerging efficacy and safety data
- Post emergency-use authorisation safety monitoring

# Accelerating drug development to reach patients faster



# How to innovate and accelerate?

## Using genetic and proteomic data

- Genetically validated targets are at least twice as likely to successfully become medicines
- Proteomics
  - Investigating proteins of interest to better understand disease-related mechanisms and identify biomarkers of disease
  - Paving the way for personalised medicine

## Clinical trial design

- Multi-part protocols,
  - Incorporating key sub-studies to support rapid progression, e.g. food effect, drug-drug interaction cohorts
  - Incorporation of challenge models in phase 1 to de-risk early
  - Combining phases 1, 2 and 3
- Simpler study designs

## Adaptive trial designs

- Ongoing data review to change the study design
  - Smaller studies which can be expanded/stopped early
  - Concentrating on specific sub-populations or dose range

# How to innovate and accelerate?

## Digital innovation

- Aiding recruitment and enrolment
  - Identifying potential study sites
  - Optimising clinical trial design
- Optimising the patient experience
  - Digital monitoring and wearable devices, with real time data capture and review
  - Decentralised visits and use of telemedicine
- Reducing the burdens for study sites
  - Collection of data directly from electronic health care records

## Real world data

- Allowing researchers to go beyond data gathered in traditional randomised controlled trial
- Historical or contemporaneous control data to supplement or be used in lieu of comparator arms ([Yap 2021](#))
  - Rare disease or small target population
  - Significant clinical unmet need
  - Highly predictable disease progression
  - Large expected size effect

## Improving and using available regulatory frameworks

- FDA's fast track, breakthrough therapy, accelerated approval and priority review ([FDA 2022](#))
- Can MHRA be nimbler and more efficient post-Brexit?

# Can artificial intelligence (AI) accelerate drug development?

## Isomorphic Laboratories

- Using AI and machine learning methods to accelerate and improve the drug discovery process

## BenevolentAI

- Using AI to explore interconnected disease networks to better understand complexities of biology and derive novel insights

## VERISIMLife

- Using machine learning to predict the clinical outcome of new assets before they enter clinical trials

## trials.ai

- Mining massive amounts of trial-related documents to aid clinical trial design

## deeplens

- Connecting trial sponsors to community oncology practices at scale for patient recruitment

## Clinical One

- Platform to unify clinical data from all sources, and harmonises with patients' Electronic Health Care Records
- Collecting data after trial has ended, enabling longer term impact of treatments, collection of real-world data

# A lot more investment is needed

Top 10 largest databases in the world

[\(Compare Business Products 2022\)](#)



## 1. Library of Congress

- 130 million items ranging from cook books to colonial newspapers to US government proceedings



## 2. Central Intelligence Agency (CIA)

- Little known about the overall size



## 3. Amazon

- World's biggest retail store
- Keeps extensive records on its 59 million active customers



## 4. YouTube

- More than 100 million clips watched per day
- Accounts for >60% of all online videos watched



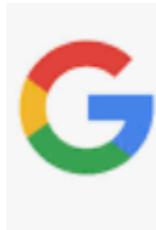
## 5. ChoicePoint

- Background financial check service
- Contains information about American population –addresses, phone number, driving records...



## 6. Sprint

- World's largest telecommunication company
- Offers mobile services – keeping track of all calls placed on their network



## 7. Google

- 91 million searches per day
- Accounts for close to 50% internet search activity



## 8. AT&T

- United States' oldest telecommunications company
- Contains 1.9 trillion calling records



## 9. National Energy Research Scientific Computing Center (NERSC)

- Atomic energy research, high energy physics experiment, simulations of the early universe and more



## 10. World Data Centre for Climate

- Data for and from climate research are collected, stored and disseminated
- Information on climate research and anticipated climatic trends

# Could this be the future?





Thank you!